Work Values Exercise

Name: ____________________

Date: __________

On the back of this form is a list of 16 Work Values. Read over them carefully before beginning work on this form. Use a pencil so you can make changes.

Rate each Work Value on a scale of 1 to 4:

1 = Very Important
2 = Important
3 = Somewhat Important
4 = Not Important

Once you have rated each Work Value review those who you have rated as number Very Important and Important. Decide which are most important to you.

Below write up to 5 most important Work Values:

My Five Most Important Work Values

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
____ Investigative – Intellectual curiosity and solving difficult tasks

____ Accepting – Value activities where you see solid results of your work and do not have to solve a lot of difficult problems

____ Practical – Appreciate well-organized and sensible ways of doing things

____ Carefree – Use of imagination and value not worrying about things

____ Independence – Work on your own without social limitations and relative freedom from rules and regulations

____ Conformity – Work under supervision where directions and regulations are to be followed

____ Leadership – Make decisions, direct others, and speak for groups

____ Supportive – Are a good follower and do not have to make decisions, give orders, or lead groups

____ Orderliness – Keep things I right place and neat

____ Flexibility – Take things as they come and do not have to keep things organized or neat

____ Recognition – Become well known or get to know important people

____ Privacy – Do not have to be well known / appreciate confidentiality

____ Aesthetic – Value the arts such as music or see the beauty in things

____ Realistic – Do not have to rely on artistic senses or assumptions

____ Social – Working with or helping others

____ Reserved – Prefer to work alone or tend to own responsibilities

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