



Welcome to The Weekend College!
You are enrolled in:

Psychology 41 (7026)
(UC: CSU) 3 Units

Lifespan Psychology

An introduction to human development from infancy through old age, including basic psychological processes, emotional and social development as well as adjustments related to each phase of the life cycle. Special emphasis is given to social and cultural influences.

The Weekend College classes combine video lessons with online activities and weekend class meetings. You should complete all three components to successfully pass the class. The course requirements are in the online syllabus. If you have questions contact your instructor via email or by telephone during their office hours listed above.

Instructor
Aurora N. Rosales, M.A.
(818) 364-7600, ext. 7156
arosales@labiomed.org

Office Hours
Wednesdays, 1:00 – 8:00 PM

Getting Started

Even though you do not meet with your instructor until the weekend, your class begins online on June 15, 2009. Follow the checklist below to get started in your class now.

1. Choose a Campus

Select the campus to attend your weekend class and make note of its time and location.

2. Buy Your Books

The back of this page lists the required and recommend books for your course. Buy your books as soon as possible so that you can get started on your assigned readings. Textbooks can be purchased at City, Mission, Valley, and Pierce Colleges or from most online bookstores.

3. Log In

The class website opens **June 15**, log in and read your course syllabus. It will list all assignments and quizzes times and due dates. You can find log-in instructions on the last page of this letter.

4. Email Your Instructor

Once you have logged in, email your instructor and let her know that you have successfully logged in to the class website.

5. Plan Your Schedule

Weekend College courses are fast paced—covering a lot of material in a short period of time. At a minimum, you should expect to spend approximately 15 hours per week on this class. Schedule time in advance for reading the textbooks, watching the video episodes, and completing the online assignments. If you plan to watch or record the videos on the educational cable channel LA 36, also note those times and set your Tivo or DVD recorder in advance. You can find the broadcast schedule on the back of this page.

Classroom Location Schedule

Attend class at any one of the four campuses: L.A. City, L.A. Pierce, L.A. Harbor or L.A. Valley College. The instructor teaches at all four locations.

| Day | Campus | Time | Location |
|------------|---------------------|------------------------|----------------------------------|
| Saturday | L.A. Harbor College | 9:00 A.M. – 12:00 Noon | Northeast Academic Hall, Rm. 207 |
| | L.A. City College | 1:30 P.M. – 4:30 P.M. | DaVinci Hall, Rm. 307 |
| Sunday | L.A. Valley College | 9:00 A.M. – 12:00 Noon | Foreign Language Bldg., Rm. 108 |
| | L.A. Pierce College | 1:30 P.M. – 4:30 P.M. | Pierce Village, 8112 |

Attendance at the class meetings is expected.
If you fail to attend, you may be dropped from class.

Summer 2009 CALENDAR

June 15 – August 2, 2009

Important Dates and Deadlines

| | |
|---|---------|
| Semester Begins | June 15 |
| Cablecasts Begin on Cable Channel LA 36 | June 17 |
| Last Day to Drop or Change Classes | June 19 |
| <i>(without Incurring Fees)</i> | |
| Last Day to ADD Classes | June 26 |
| Last Day to Drop Classes Without a "W" | June 29 |
| <i>(no refund)</i> | |
| Last Day to File for Credit/No Credit | July 8 |
| Last Day to Drop with a "W" | July 20 |
| <i>(After this date a grade must be issued)</i> | |

Class Meeting Schedule

| | |
|--------------------------------|--------------|
| Class Meeting | June 20 & 21 |
| Class Meeting | June 27 & 28 |
| No Class Meetings | |
| July 4 & 5 | |
| Midterms Exams..... | |
| July 11 & 12 | |
| Class Meeting | July 18 & 19 |
| Class Meeting | July 25 & 26 |
| Final Exams..... | |
| Aug. 1 & 2 | |

A photo ID is required to take exams.

Textbooks

Required:

| | |
|------------|--|
| Title: | <u>The Developing Person Through the Life Span</u> |
| Author: | Berger, Kathleen Stassen |
| Edition: | 7/E, 2008 |
| Publisher: | Worth Publishers |
| ISBN: | 978-0-7167-6080-1 |

Recommended:

| | |
|------------|---|
| Title: | <u>Telecourse Study Guide for The Developing Person Through the Life Span</u> |
| Edition: | 3/E, 2007 |
| Author: | Berger, Kathleen Stassen |
| Publisher: | Worth Publishers |
| ISBN: | 978-0-7167-7825-7 |



Textbooks are available in the college libraries. Most libraries have the texts on Reserve, (two hour use, in the library) some libraries have copies in the General Collection. Individual Library Policies apply and they may be different at each campus. Students must have a valid student ID **for the campus they intend to use** the library materials. For example, to check out books from Pierce College Library students must have a valid Pierce College Student ID. Students who enrolled only in ITV classes may obtain a Mission College ID through the Admissions Office at Mission College.

Videos

Transitions Throughout the Life Span

Four Ways to Watch the Videos

1. Available on the Los Angeles Educational Channel, LA 36. The broadcast schedule is:
Wednesdays, June 17- July 29 @ 8:00 – 10:00 AM
2. Purchase a complete set of the DVD's from the L.A. Pierce College Bookstore:
www.piercebookstore.com or 818-347-0313
3. Available in Broadband at: www.lamission.edu/ITV
4. Watch the video lessons at the Learning Resource Centers at City, Pierce, Harbor, Valley, and Mission Colleges. You must bring your student ID or fee receipt to view the videos.

Dear Students:

I would like to take this opportunity to welcome you to Psychology 41 – Lifespan Psychology. During our time together we will be on a journey that will explore human development from the cradle to the grave. This means that we will be covering a significant amount of material within a short period of time. I believe that as we discover the processes of development all of us can find some personal meaning that will make this experience more interesting. It is my goal to provide you with greater insight into how each of us shares many commonalities as humans while very much being individuals with very unique experiences.

About me: My background is in clinical psychology. I obtained my MA from California State University, Dominguez Hills in 1995. During the week I work at Harbor-UCLA Medical Center in which I am involved in clinical research focusing on depression and bipolar disorders. At Harbor, I am also involved in teaching the newest generation of Family Medicine doctors to consider and understand how psychological factors directly relate to a patient's medical conditions.

While attending college, as a student I found the classes in which active participation was encouraged and practiced to be the most rewarding. Through my experience as an instructor, I have found that students learn the material and enjoy the class more if they actively participate with questions and comments. I strongly believe that NO question is too silly and that comments particularly those that show that you are applying as well as relating to the material are important. This is what will make this course material come alive for each *one* of you. I encourage you to keep this in mind while you are reading the chapters and together we can make our class meetings more enriching. Please feel free to approach me after class or to post questions that you may have through the online class website. I encourage you to communicate with me and together we will facilitate making this course and experience a successful one for you.

As part of the introduction to this course I would like for you to participate in the “Discussion Board: and introduce yourself to the class. Please tell us a bit about yourself such as why you are taking this course, what your goals are, and any other information you feel comfortable sharing with us. Additionally, as part of the course requirement, you will be responsible for, and need to “reply” to at least one other student's self-introduction and welcome him/her into the class. Finally, please send me an email which includes your full name to arosales@labiomed.org so that I can more personally welcome you.

I look forward to meeting you soon.

Best to all,

Aurora Rosales, M.A.
Instructor

-OVER-

Online Class Website

Step 1. Where do I go to log on to this course?

- Go to <http://etudes-ng.fhda.edu/portal>
- Bookmark this page!
- Enter your user ID

Step 2. What is my User ID?

In lowercase letters and with no spaces:

- use the first 2 letters of your first name
- *and* the first 2 letters of your last name
- *and* the last 5-digits of your student ID #

Example: Donna Smith:

Student ID #: 88 455 6789

User ID:

My User ID is: _____

Step 3. What is my Password?

Using four numbers together with no spaces:

- use two numbers for your birth month
- *and* use two numbers for the birth day

Example: if your birth date was January 3

Password:

My Password is: _____

Once you have logged in you will see two sections on the top left of the page, My Workspace and on the right, your class website. Your class website begins with LAMCITYV. Click on the tab to enter the course. See the example below:



E-mail your instructor once you have successfully logged in to the course website.

NOTE TO AOL USERS: Launch either an Internet Explorer or a Netscape browser after you connect using AOL and minimize the AOL Browser. DO NOT USE THE AOL BROWSER.

Add/Drop Classes & Check Grades

Forms for adding/dropping a class or requesting an official transcript can be found at www.lamission.edu/itv. These forms can be faxed to (818) 833-3598 or brought in to our office.

To Add/Drop a class and check Official Grades online, visit www.laccd.edu.

To Add/Drop classes through the Student Telephone Enrollment Process (STEP):

1. Call (213) 689-8888 or (310) 605-0505 or (323) 226-1999 or (818) 988-2222
2. Press 0 for ITV/The Weekend College
3. Follow the instructions to complete your request

We're here to Help

If you need technical assistance logging in to your course, contact ITV Technical Support at (818) 833-3596 or send an email to mckennpg@lamission.edu. Be sure to include:

- Your full name
- Course title and instructor
- Student ID
- Your phone and e-mail address
- Date enrolled