Video Information

Child Development: Stepping Stones

This course embraces academic theory, scientific discoveries, and practical applications as it presents developmental processes in three distinct categories or domains: biosocial, cognitive, and psychosocial. Provides students the chance to observe children and hear from child development experts and medical professionals.

.All videos are closed captioned.

Lesson 1 - Introduction: Theories of Development
Explores major theories such as psychoanalytic theory, learning theory, behaviorism, and cognitive theory. It also explores the life-span perspective, which considers that development is a lifelong process.

Lesson 2 - Developmental Study as a Science
Introduces students to research design, observational studies, and surveys, and shows how researchers establish relationships between the variables.

Lesson 3 - The Beginnings: Heredity and Environment
Explores nature and nurture in development, DNA, genes acting in combination, and the effect that the environment can have on genetic expression.

Lesson 4 - The Beginnings: Prenatal Development and Birth
Follows an expectant family through the prenatal process to the live birth of their child. Students learn about the trimesters of pregnancy and the risk factors that influence conception and delivery of a healthy baby.

Lesson 5 - The Beginnings: Special Topic
Illustrates how three families cope with infertility, in vitro fertilization, adoption, and surrogate motherhood.

Lesson 6 - The First Two Years: Biosocial Development
Includes discussion by experts of fine and gross motor development and the importance of nutrition and breast milk during the first two years.

Lesson 7 - The First Two Years: Cognitive Development
Explores how babies learn about their world through their senses, by touching, feeling, hearing, and babbling.

Lesson 8 - The First Two Years: Psychosocial Development
Includes discussions on temperament, social referencing and attachment and how these factors shape the emotions and personalities of young children.

Lesson 9 - The First Two Years: Summary
Focuses on a day in the life of three children age 2 and under, and the negotiation of developmental stages.

Lesson 10 - The First Two Years: Special Topic
Illustrates the evolving role of the father and how fathers can affect their children’s development through play, reading, and games.
Lesson 11 - The Play Years: Biosocial Development
Focuses on the development of children ages two to five. Newly refined motor skills and child endangerment and neglect are discussed.

Lesson 12 - The Play Years: Cognitive Development
Illustrates how children's experiences with puzzles, building blocks, and other toys help facilitate their cognitive development.

Lesson 13 - The Play Years: Psychosocial Development
Demonstrates how preschoolers learn to negotiate relationships with other children through play and physical interaction. It also explores the three predominant styles of parenting and the impact each has on children's psychosocial development.

Lesson 14 - The Play Years: Summary
Introduces four preschoolers, including fraternal twins. The level of gross and fine motor skills that children can achieve is discussed.

Lesson 15 - The Play Years: Special Topic
Examines how the media influence children, promoting a sedentary lifestyle with advertisements that promote poor nutritional choices. The issue of child neglect and its impact on development is also discussed.

Lesson 16 - The School Years: Biosocial Development
Shows how nutrition and genetics play an important role in the development of children. It also explores biological disorders such as ADD and AD/HD.

Lesson 17 - The School Years: Cognitive Development
Discusses concrete operational thought, using complex language and moral reasoning. Further, it considers the value of bilingual education, ESL programs, and ways of learning more than one language.

Lesson 18 - The School Years: Psychosocial Development
Illustrates the social development of children on two fronts: adult-child relationships to teach basic social skills, and peer relationships to teach cooperation, competition, and intimacy.

Lesson 19 - The School Years: Summary
Focuses on the experience of four school-age children and how individual talents, interests, and backgrounds may affect their development.

Lesson 20 - The School Years: Special Topic
Explores the role of the school in a child's development, depicting the social transformation that begins when a boy in fifth grade meets a teacher who helps turn his school experience around.

Lesson 21 - Adolescence: Biosocial Development
Examines the physical changes that take place during puberty, and explores the impact of nutrition, physical appearance, and social pressure.

Lesson 22 - Adolescence: Cognitive Development
Focuses on the ways in which adolescents develop more complex and sophisticated types of thinking and reasoning, and explains how teens learn.

Lesson 23 - Adolescence: Psychosocial Development
Shows how adolescents endeavor to adopt adult roles at the same time they face the challenge of discovering their identity and integrating a set of values, beliefs, attitudes, and aspirations.
Lesson 24 - Adolescence: Summary
Follows three teens from diverse backgrounds and demonstrates how physical, cognitive, and psychosocial development are interconnected. The lesson also highlights the role that friends and family play in this development.

Lesson 25 - Adolescence: Special Topic
Explores the subject of “at-risk” teens and their resiliency. Drug abuse, delinquency, and teen pregnancy are among the topics discussed.

Lesson 26 - Closing: Developmental Psychopathologies
Focuses on three children born with special needs. It revisits some of the major developmental themes in previous lessons as it considers the biosocial, cognitive, and psychosocial changes from conception through adolescence.