Present Tense Verb Forms

**Simple Present**

- is used to describe actions that are usual and can also be used to describe actions that occur frequently.
  - I eat cheesecake every day.
  - She likes Romeo.

**Present Perfect**

- is used to link an action in the unspecified past to the present.
- refers to something that has just happened or is just about to happen.
- emphasizes the result of a past action on the present.
  - I have eaten at that restaurant already.
  - Brian has lost a lot of weight.
  - Have you seen the new Scorsese film yet?

**Present Progressive**

- is used to describe an action that is happening right at this moment
  - I am dressing for the Oscars.
  - Our teacher is wearing a suit today.

**Present Perfect Progressive**

- is used for an action that began in the past and is still happening now.
  - I have been thinking about retirement.
  - Have you been working this summer?