



LA Mission College Career Center

HEALTH SCIENCE

MAJOR SHEETS

SKILLS

(things you will learn or use)

- Apply mathematical principles or statistical approaches to solve problems in scientific or applied fields
- Develop theories or models of physical phenomena
- Analyze operational data to evaluate operations, processes or products

INTEREST

- Collaborate on research activities with scientists or technical specialists
- Advise others on management of emergencies or hazardous situations or materials
- Instruct college students in physical or life sciences

WHAT IS HEALTH SCIENCE?

A program of study that prepares individuals to assume roles as health/wellness professionals in private business and industry, community organizations, and health care settings. Includes instruction in personal health, community health and welfare, nutrition, epidemiology, disease prevention, fitness and exercise, and health behaviors. This major is one, which is dedicated to public service. It depends upon which area of specialization a student chooses, but each is a health service either to individual persons or to communities or other large groups of people. Courses in medicine, math, and other high level study classes will be taken, which require dedicated study. Health sciences majors must be concerned with the well-being of other people, study in these majors normally requires a strong scientific attitude.

LAMC DEGREES & CERTIFICATES OFFERED

- **Associates of Science (AS) in Health Science**

TRANSFER RELATED MAJORS

- **CSU Chico:** Health Science
- **CSU Fullerton:** Health Science
- **CSU Fresno:** Health Science
- **CSU East Bay:** Health Science
- **CSU Dominguez Hills:** Health Science
- **CSU Channel Islands:** Health Science
- **CSU Long Beach:** Public Health
- **CSU Stanislaus:** Physical Sciences
- **UC Los Angeles:** Public Health
- **UC Berkeley:** Environmental Health Science
- **UC Davis:** Clinical Research
- **UC San Francisco:** Health policy



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WORK ENVIRONMENT

- Many practitioners use pre-sterilized disposable needles
- Indoors, in an office or lab
- Work is considered light, requiring sitting most of the time but needing frequent use of the hands and fingers
- Often work 40-50 hours a week; some work evening hours
- Use specialized instruments and materials

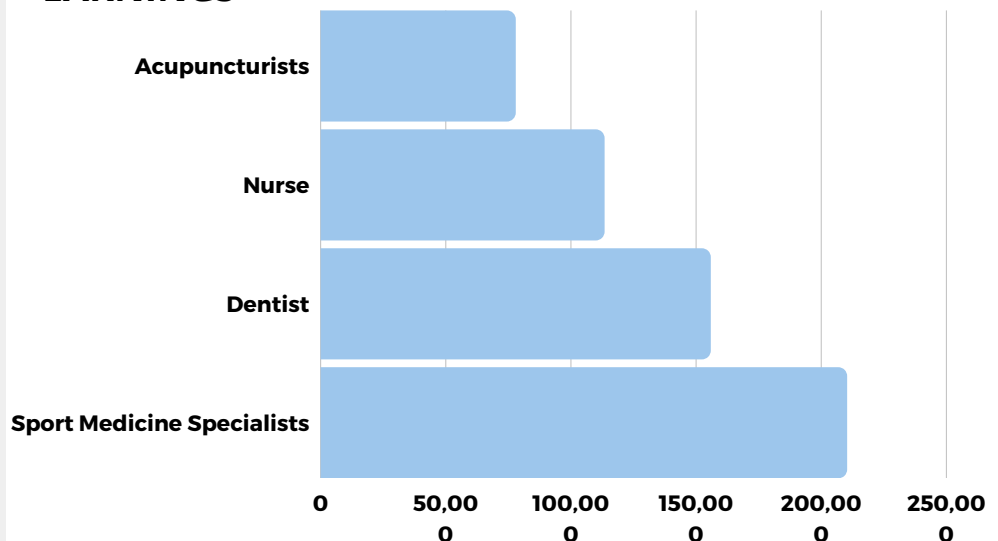
WEBSITE RESOURCES

www.lamission.edu/careercenter
<https://www.lamission.edu/Life-Sciences/AS-in-Health-Sciences.aspx>
www.assist.org
www.salary.com
<https://uncw.edu/career/whatcanidowithamajorin.html>
www.cacareerzone.org
<http://degrees.calstate.edu/>
https://admission.universityofcalifornia.edu/counselors/files/undergraduate_majors_list.pdf

POTENTIAL JOB TITLES POTENTIAL EMPLOYERS

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| <ul style="list-style-type: none"> • Personal Trainer • Health Communicator • Registered Health Technician • Dentist • Nurse • Sport Medicine Specialist • Acupuncturists • Vet Technician • Occupational Therapy Assistant | <ul style="list-style-type: none"> • College and Universities • Government • Naval Research Laboratory • Scientific Supply • Communications • Hospitals • Medical and Dental Schools |
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*EARNINGS



*Earning can vary by occupation and experience. The following are average annual wages as of 2019 in California based on California Career Zone <https://www.cacareerzone.org/>