Los Angeles Mission College 24-25

Kinesiology Associate Degree for Transfer (ADT)

# ADT: Kinesiology

The Associate in Arts in Kinesiology for Transfer will provide the student with a broad-based course of study with an emphasis in science related curriculum that will prepare the student for transfer and completion of a Bachelor’s degree in Kinesiology or a similar major at a CSU campus.

## **Transfer Requirements**

Students receiving this transfer degree must meet the following requirements:

1. Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including completion of:
	1. The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education (CSUGE)
	2. The major coursework listed below with a grade of “C” or better in each course required for the major or a grade of “P” if the major course is taken on a “P/NP” basis.
2. Obtain a minimum cumulative grade point average of 2.0

**\*List A Note:** Students who take Biology 003 or Biology 005 and/or Chemistry 051 or Chemistry 065 or Chemistry 101 to meet the prerequisites for Anatomy 001 and/or Physiology 001 may apply these courses toward satisfying List A.

**#Advisory Information**: Students are strongly advised to take Math 227/227A+B/227S or STAT 101: Statistics to meet their CSU transfer math requirement; this course is required for the major at CSUN.

### **Required Core Courses (11 units):**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Title | Course | Units | Grade | IP | Need |
| KIM MAJ 100 | Introduction to Kinesiology | 3 |  |  |  |
| ANATOMY 001 | Introduction to Human Anatomy | 4 |  |  |  |
| PHYSIOLOGY 001 | Introduction to Human Physiology | 4 |  |  |  |

### **Movement-Based Courses**

Three courses required. Select one course from 3 of the 5 Areas below:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Area | Course | Units | Grade | IP | Need |
| Area 1: Combatives  | KIN 316-1; 316-2  | 1 |  |  |  |
| Area 2: Dance  | DANCETQ 121, 122, 141, 142, 462  | 1 |  |  |  |
| Area 3: Fitness  | KIN 329, 332, 347, 350-1, 351-1  | 1 |  |  |  |
| Area 4: Individual Sports  | KIN 266, 268-1  | 1 |  |  |  |
| Area 5: Team Sports   | KIN 286, 387-1, 387-2; KIN ATH 511, 512, 516, 552  | 1-3 |  |  |  |

### **List A**

Select TWO of the following courses (7-9 units):

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Area | Course | Units | Grade | IP | Need |
| \*BIOLOGY 003 Or \*BIOLOGY 005  | Introduction to Biology  | 4 |  |  |  |
| \*CHEM 051 OR  \*CHEM 065 OR \*CHEM 101  | Fundamentals of Chemistry I  orIntroductory General Chemistry  orGeneral Chemistry I  | 545 |  |  |  |
| KIN MAJ 101  | First Aid and CPR  | 3 |  |  |  |
| #MATH227OrMATH 227A+BOrMATH 227SOrSTAT 101  | Statistics  orStatistics I + IIorStatistics with SupportorStatistics for the Social Sciences | 42/244 |  |  |  |
| PHYSICS 006  | General Physics I  | 4 |  |  |  |

Total Units for the major: 21-25