Los Angeles Mission College 24-25

Nutrition and Dietetics Associate Degree for Transfer (ADT)

# ADT: Nutrition and Dietetics

The Associate in Science in Nutrition and Dietetics for Transfer is designed for prospective California State University (CSU) transfer students who are preparing for careers as Registered Dietitians/Nutritionists (RDNs), Nutrition and Dietetic Technicians Registered (NDTRs), or other nutrition or food science professionals. Completion of the Nutrition and Dietetics degree will provide a streamlined pathway for transfer to a CSU campus with a Family and Consumer Sciences or similar major.

Students who complete this degree will be guaranteed admission with junior status to the California State University system, although not a particular campus or major. Students can use the [ADT Search by CSU Campus](https://www.calstate.edu/apply/transfer/Pages/associate-degree-for-transfer-major-and-campus-search.aspx) to view which CSU campuses accept ADT degrees in their major.

## **Transfer Requirements**

Students receiving this transfer degree must meet the following requirements:

1. Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including completion of:
   1. The Intersegmental General Education Transfer Curriculum (IGETC) **OR** the California State University General Education (CSUGE)
   2. The major coursework listed below with a grade of “C” or better in each course required for the major or a grade of “P” if the major course is taken on a “P/NP” basis.
2. Obtain of a minimum cumulative grade point average of 2.0

**Advisory Information**: Students are encouraged to take Nutrition 001: Careers in Nutrition and Nutrition 024: Introduction to Food Science.

### **Required Core Courses (4 courses, 15 units):**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Course | Title | Units | Grade | IP | Need |
| CHEM 101 | General Chemistry I | 5 |  |  |  |
| MICRO 020 | General Microbiology | 4 |  |  |  |
| NUTRTN 021 | Nutrition | 3 |  |  |  |
| PSYCH 001 | General Psychology I | 3 |  |  |  |

### **List A**

Two courses (8 units):

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Course | Title | Units | Grade | IP | Need |
| ANOTOMY 001  Or  PHYSIOL 001 | Introduction to Human Anatomy  Introduction to Human Physiology | 4  4 |  |  |  |
| MATH 227  Or  MATH 227A+B  OR  MATH 227S  OR  STAT 101 | Statistics  or  Statistics I + II  or  Statistics with Support  or  Statistics for the Social Sciences | 4  2/2  4  4 |  |  |  |

### **List B**

One course (3 units):

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Course | Title | Units | Grade | IP | Need |
| NUTRTN 024 | Introduction to Food Science | 3 |  |  |  |

Total Units for the major: 26