



# EOP&S CARE

## WELCOME BACK!

Hello EOP&S students! It is our sincere hope that you enjoyed your summer whether it was taking a college course to get ahead, getting a much needed vacation or working extra hours. We are delighted that you have chosen EOP&S as your support network to help you achieve your academic and professional goals.

## REMINDERS

- 1) Fall semester is in full swing and will end on December 16.
- 2) You must be enrolled in 12 units or more each semester to remain eligible for the program. DSPS student's can enroll in less than 12.
- 3) Please schedule 3 counseling contacts each semester so counselors can track your progress and answer any questions you may have. Making your 3 counseling contacts also assures that you will receive a book grant to help pay for your books the following semester. Counseling appointments MUST be at least 2 weeks apart.
- 4) Participation in workshops/fieldtrips is important to help make your college experience hands on and gain the experience necessary to be a future leader and professional.
- 5) Maintain a grade point average of 2.0 or higher. Going below a 2.0 will have serious consequences on your academic standing and will affect your eligibility for financial aid.
- 6) Stay positive! School can be challenging but with good time management and study skills, you can accomplish your goals.
- 7) Sign-up for our workshops on:
  - Friday, September 28, 2018
  - Friday, October 19, 2018
- 8) Sign-up with Marina for a fieldtrip to Cal Poly Pomona (date TBA)

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## OFFICE HOURS

### Monday

8:00 am - 4:30 pm

### Tuesday

8:00 am - 6:30 pm

### Wednesday

8:00 am - 6:30 pm

### Thursday

8:00 am - 4:30 pm

### Friday

8:00 am - 12:00 pm

## TUTORING SERVICES

Available for ESL, English, and Math during office hours. Please contact our office for availability.

For any questions or appointments call us at  
818-364-7645



## JONATHAN HUYNH



REGISTERED NURSING MAJOR

My life in Vietnam, I remember the weather, it was either raining or very hot and humid. Walking in hot weather was not easy. When I started the second grade until the end of fifth grade, I had to walk two miles to go to school. Although the weather was hot and humid, it never stopped me from going to school. Unfortunately, we did not have access to electricity at home, I had to study with candle light at night. Growing up in a poor environment has disciplined and helped me keep in mind my goal in the presence of hardships.

My family lived in the countryside in Southern Vietnam about fifty miles away from the big city, Saigon. When I was seven years old, my grandmother felt extremely sick and fatigued, and her sisters assisted her with what we consider to be basic tasks, such as hygiene. When she went back to bed, she fell into a coma and I was devastated. I was afraid that I would lose her forever. We did not have enough money to take her to the hospital, the alternative that we had to take was to ask our close relatives for money. Unfortunately, my grandmother passed away in the hospital. There was nothing

my family and I could do and we were heart broken. It was then that I knew I had to help others as a health care professional.

When I came to America, I worked as a manicurist for 60 hours a week. I learned the English language through television, music, and watching the news. I soon went back to school and started my studies at Los Angeles Mission College. I started taking ESL courses then began my general education courses.

Soon, I took on the pre-requisites for a nursing program. It has been a challenging yet rewarding journey for me since I've struggled with the English language. I joined the EOP&S program and with their help I was provided with guidance on how to get into nursing school. EOP&S counselor Marina gave me information regarding nursing school and aided me with the process.

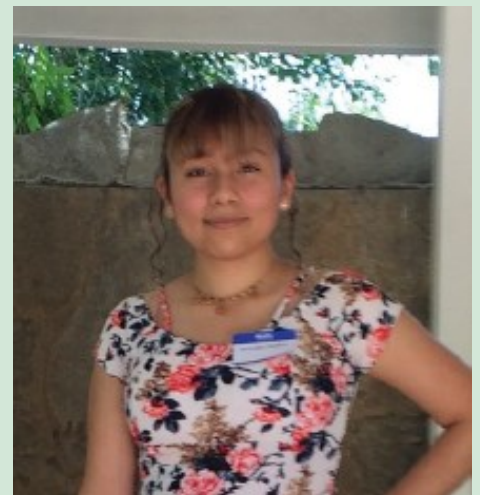
My passion is helping people. I am working hard and studying hard to be successful in America. Starting off poor in Vietnam, and all of the experiences I have gone through has inspired me to work hard to achieve my dreams and goals.

## JACKIE FUENTES

I started at Los Angeles Mission College in the Fall of 2016. I am currently in my second year and hope to transfer to UCLA next Fall. As a first generation college student living with a single hard working mother, I've been active in school activities such as the Honors program, senator for ASO, and secretary for Alpha Gamma Sigma.

I chose psychology as my major because my mother worked as a hospital counselor, which inspired me to help people as well. In addition to school, I have been in the EOPS program since the Fall of 2016. EOP&S has made an impact in my school life as I received tremendous help and support from the program and counselor Marina.

I am proud to have been part of the EOP&S family for two years. Just recently, I have been selected to participate in a program called the Community College to Ph.D program at UCLA. I was selected to be among 21 underrepresented community college students to conduct a social science research project that will be presented at the Community College Partnership Ph.D. Social Science undergraduate research conference at UCLA. We will research immigrant communities and the social effects of post traumatic stress disorder. It is exciting research and I am proud to be representing Los Angeles Mission College.



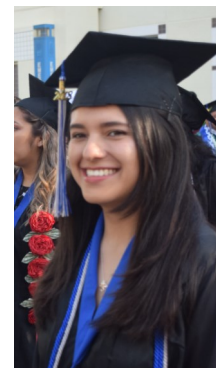
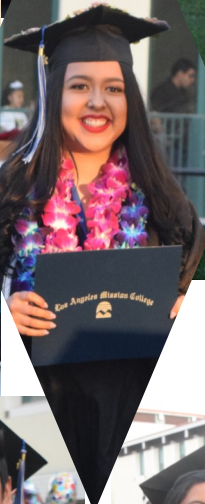
PSYCHOLOGY MAJOR

# CONGRATULATIONS TO VALEDICTORIAN BERENICE RODRIGUEZ AND EOP&S CLASS OF 2018



Ms Marina, EOPS Counselor with Berenice Rodriguez  
Valedictorian Class of 2018

Berenice H. Rodriguez, EOP&S student had the distinct honor of being valedictorian for the class of 2018. She graduated with a grade point average of 4.0 and will be starting school this Fall at UC San Diego. Her goal is to major in Sociology and apply it to law practices. She plans on doing research in order to improve the quality of life for others in her community. We are all very proud of Berenice and her accomplishments. She states that the EOP&S program helped her tremendously in pursuing her goals. We hope her story continues to inspire others to succeed! Congratulations Berenice! We wish you much success in the future.



(Photos are from the 2018 Commencement—courtesy of Anabele Diaz EOP&S/CAFYES presenter).

## ONLINE COUNSELING CRANIUM CAFE



The online counseling appointment will feature you and your counselor on a web camera and you will receive counseling credit. You can use your laptop with a web camera or phone.

If you have any questions, please call the EOPS office at 818-364-7645.

For those of you who have comprehensive educational plans and need answers to quick questions but can't make it to campus to attend your counseling appointments in person, online counseling is available through cranium cafe for second and third appointments only. Schedule an appointment with the EOPS office. Then download this link and follow instructions.

<https://lamission.craniumcafe.com/marinasangkavichai>

### EOP&S TUTORS

Helen — English as a Second Language  
Mireyda — Mathematics and English  
Fabiola — English



TUTORING

Monday	Tuesday	Wednesday	Thursday	Friday
	Mireyda 8:30 am - 11:30 am 1:00pm—4:00 pm  Helen 11:00 am—1:00 pm	Helen 10:00 am - 12:00 pm	Mireyda 8:30 am - 11:30 am 1:00pm—4:00 pm  Helen 10:00 am - 12:00 pm	Fabiola 8:0 am - 10:00 am 10:30 am - 12:00 pm
Mireyda 12:30 pm - 4:00 pm		Mireyda 12:30 pm - 4:00 pm		

## EOP&S/CARE Visits

# Cal State Los Angeles



EOP&S/CARE Students with Marina (our counselor)



2018

On April 27, 2018, students from the EOP&S/CARE program along with TRIO students at Los Angeles Mission College attended a fun and informative tour at California State University Los Angeles. The tour guide went over the various majors offered. CSULA is known for having an outstanding Forensic Science lab and Engineering program. EOP&S along with other student services departments are planning future tours to various universities. Stay tuned for additional information.



**Signup with Marina for our Cal Poly Pomona fieldtrip!**

\*Date TBA

# 2018 EOP&S Recognition Ceremony



**EOP&S/CARE/CAFYES Staff**

The Annual EOP&S Recognition Ceremony, one of the highlights of our Academic year is where we honor the Graduate and Transfer students. This event took place in May just a few days before the Mission College Commencement .

This is a day for celebration, we acknowledge the accomplishments of the students and their families. It is a day full of emotion culminating in celebration. This experience is extremely rewarding to the EOP&S staff. EOP&S is all about student success as reflected by the student's own testimonials. This year we had Mariachi entertainment as well as a delicious luncheon prepared by the Culinary Arts Institute. In the past, we have emphasized our diversity with Armenian, African American, Spanish and Latin American entertainment. The Graduate and Transfer students are recognized individually with a Certificate signed by the College President, Vice President and Dean. A voucher is presented to the student to exchange for a free cap and gown. An EOP&S medallion is awarded so they could proudly wear it at Commencement.

(Photos are from the 2018 Ceremony—courtesy of Anabel Diaz